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#### **AUTISM AND SPECIAL NEEDS PARENT HANDOUT**

#### Autism

Arkansas Autism Network- Search by state and local services; such services may be listed as: activities, schools, support groups, advocacy and more for children and families with special needs.

https://www.autismspeaks.org/resource-guide

**Arkansas Autism Resource and Outreach Center** - The mission of the AAROC is to provide Hope, Direction & Support to families of individuals diagnosed with an autism spectrum disorder, and we fulfill our mission through the following activities: Parent Support, Education and Training, Awareness and Advocacy. For more information visit the link below or call

(501) 454-8542

http://aaroc.org/

**Centers for Exceptional Families** - Helps to improve educational opportunities for students with disabilities, including students transitioning to adult life beyond high school. This organization works in collaboration with families and their local school districts to promote an innovative approach to special education services for an individual with disabilities. Their goal is to assist Arkansans with disabilities in attaining an exceptional quality of life!

1702 Stone Street, Suite A Jonesboro, Arkansas 72401

Toll-free: (888) 360-9654

(870) 336-3012

http://www.thecenterforexceptionalfamilies.org/

**Little Rock Special Family Online Resource Guide** - Search local services, support groups, activities, schools and more for children and families with special needs by clicking on the categories below. All area codes are (501) unless otherwise noted.

http://www.littlerockfamily.com/post/101217/little-rock-special-family-online-resources-guide

## **Special Needs Childcare**

**Arkansas Disability Coalition** - A quality education is critical for all children with disabilities. Learn about IEPs, the Department of Education, university and college disability support services, and other resources about education support. Statewide resources can be found in the Resource directory.

http://www.adcpti.org/content/resources/education school child care.asp

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I CAN! Of Arkansas - Extracurricular activities help individuals explore their capabilities, as well as challenge them to grow. Extracurricular activities offered by I CAN! of Arkansas include dance, art, music, cheerleading clinics, soccer and CrossFit.

1040 Angel Court, Little Rock, AR 72206

### (501) 888-4140

http://www.icanarkansas.com

**Playground Accessibility -** A community-edited guide to accessible playgrounds. Put in your zip code to locate or update the site with accessible playgrounds near you.

http://www.playgroundsforeveryone.com/

**The Special Olympics Arkansas** - The mission of Special Olympics Arkansas is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for all children and adults with intellectual disabilities. 2115 Main Street, North Little Rock, AR 72114

### (501) 771-0222

http://www.specialolympicsarkansas.org/

**Special Needs Resource Project (SNRP)** - provides a basic guide for parents of children with chronic health issues, disabilities and special needs. Obtain the specific resource information, equipment, and services your child and family needs. State and National Resources are provided.

http://www.snrproject.com/Resource/Links

## **Respite Care**

**Arkansas Disability of Coalition** - Being a caregiver can be difficult, but there are resources for people who need support or an occasional break in caregiving responsibilities. Statewide resources are listed under the Resource Directory.

http://www.adcpti.org/content/resources/caregiver.asp

**Integrity** - For individuals who are elderly and/or otherwise disabled and in need of assistance in order to maintain their independence in the community, our Health Services Department offers an array of services designed to support the individual in his or her own home or place of residence.

6124 Northmoor Drive, Little Rock, AR 72204

### (877) 452-9504

info@integrityinc.org

#### integrityinc.org

Respite Care – Website that lists respite providers in your area by zip code

#### www.care.com

Updated 1/17/2019

Please note that this document is a summary of community resources and this information is ever changing, this resource is not the final authority on the resources available, only a starting point.