

## What is the Stephens Wellness Center?

We are part of the School-based Health Center and offer behavioral health services.

## What is Behavioral Health?

Behavioral health is mental and emotional health. Some common behavioral issues:

- ADHD
- Depression
- Anxiety
- Anger
- Disruptive Actions



## What care is offered?

- Review of student behavior and family history
- Child, family, and group counseling
- Meetings with school staff or others
- Checking meds, if needed
- Summer programs

## What groups offer care?

- New Beginnings Behavioral Health
- The Pointe



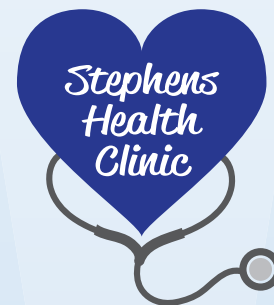
If your child needs this kind of care or you want to know more about the partner groups above, please call:

Mary Kauffman, Clinic Manager at 501-447-4680



## Who are our partners?

- Little Rock School District
- Arkansas Children's Hospital
- Arkansas Department of Health
- New Beginnings
- Rhea Drug
- The Pointe
- UALR Children International
- UAMS
- Wakefield Future Smiles Dental Clinic
- Arkansas Department of Education



3700 W. 18th Street, Little Rock, AR 72204  
Phone: 501-447-4680 | Fax: 501-447-4682

Open Monday - Friday from 8 a.m. - 3 p.m.



Grow. Learn. Soar.



## What is the Stephens Health Clinic?

We are the Arkansas Children's School-based Health Clinic at Stephens Elementary located inside the school across from the Principal's office.

## When is the clinic open?

Monday-Friday 8:00 a.m.-3:00 p.m. The APRN sees students only on Monday, Wednesday, and Friday. No appointments after 2:15 pm.

## Who will see my child?

A licensed advanced practice nurse (APRN) with Arkansas Children's Hospital. These other health workers may care for your child:

- Nurses
- Dentists and Hygienists
- Nutritionists
- Ear and Eye Doctors
- Licensed Mental Health Workers
- Our partner, Rhea Drug, also brings meds if needed

## What care is offered?

- Routine physical exams and sports physicals
- Care when my child is sick or has health problems
- Care for minor wounds
- Eyesight, hearing, teeth, and blood pressure checks
- Some shots
- Lab tests
- Health education and counseling
- Teaching good eating habits and weight control
- Prescription drugs
- Classroom presentations
- Referrals to a provider of your choice for care not given at the Clinic
- Behavioral healthcare and counseling

## Do I have to be at the visit?

- No, parents do not have to be at the visit
- Students can be seen during school hours with parent written permission.

## Can my child see their regular doctor?

- Yes, this clinic is extra care and does not replace your child's normal doctor
- The APRN will work with your child's normal doctor to let them know what happened during the visit.

## Will my insurance be billed?

- If you have insurance, it may be billed.
- No student will be turned away if they don't have insurance or can't pay.

## How can my child be seen?

If any of your children attend Stephen's Elementary, you can sign up any of them for services. You can make an appointment after you fill out a consent form from the clinic. Return it in person or by mail to:

**School-Based Health Clinic**  
Stephens Elementary  
3700 West 18th Street  
Little Rock, AR 72204  
501-447-4680

