Childproof Your Home!

Take a “baby’s eye view” by crawling from room to room. See if you can spot the hazards:

- Sharp corners
- Uncovered electrical wall outlets
- Hanging lamp cords
- Loose objects that might easily fall

Home Safety Checklist

CHOKING OR SUFFOCATION

- Remove hanging crib toys once your child can pull his or her body up to stand
- Make sure crib bars are no more than 2 3/8 inches apart (width of a soda can)
- Make sure crib mattress is firm and snug-fitting
- Keep crib free of pillows, bumper pads, wedges, toys, and stuffed animals
- Keep small items like refrigerator magnets and small toys out of babies’ and toddlers’ reach
- Know first aid, CPR, and emergency treatment for choking

FALLS, CUTS, AND WOUNDS

- Secure large appliances and furniture to the wall
- Keep sharp objects out of children’s reach
- Have slip-proof mats beneath rugs
- Have slip-proof mats or stickers in bathtubs
- Have gates at the top and bottom of stairs

FIRE AND BURNS

- Have a working smoke detector on each floor of your home (including the basement)
- Have a smoke detector in or around each bedroom
- Test smoke detectors once a month
- Have furnace and fireplace flues checked once a year for proper airflow

POISON

- Store household cleaners in original containers in a locked cabinet or out of children’s reach
- Store all medications, beauty supplies, and hand sanitizers in a locked cabinet or out of children’s reach
- Install a carbon monoxide detector
- Be sure you understand how to take or give medicines correctly – ask a doctor or a pharmacist for help
- Post the poison control phone number near all phones: 1-800-222-1222

Source: American Academy of Pediatrics